## Roswell Independent School District Job Description

**Position: ATHLETIC TRAINER** 

Supervisor: DIRECTOR OF ATHLETICS, PRINCIPAL

**General Job Description:** To assume the responsibility and obligation of establishing and maintaining an athletic training program, in all sports

### **Essential Duties and Responsibilities:**

- 1. Be responsible for prevention, emergency care, first aid, evaluation, and rehabilitation of injuries to athletes under his/her care.
- 2. Serve as liaison between the team physician, the athlete, the athlete's parents, and coaching staff.
- 3. Consultant to coaching staff on conditioning, nutrition, and protective equipment.
- **4.** Assist with prevention of injuries including education for athletes and student trainers, identifying factors that put athletes "at risk", correcting deficiencies in athletes as deemed necessary, as well as taping and bracing.
- **5.** Provide emergency care and first aid including availability of necessary equipment, communication procedures for emergency situations, and prompt, accurate triage.
- **6.** Evaluate acute and chronic injuries and refer to the team physician or specialist where appropriate. Help decide if a player may return to competition following an injury.
- 7. Treat athletic injuries with protection, rest, ice, compression, evaluation, support, ultrasound, electrical stimulation, cold/heat/ and hydrotherapy as needed or prescribed with the availability of modalities.
- **8.** Develop, supervise, evaluate, and modify individual exercise programs for rehabilitation to help athletes return to a pre-injury status.
- **9.** Maintain records including injury reports, home care instructions, referrals, treatment records, rehabilitation progress notes, and insurance information.
- **10.** Secure training room equipment and supplies as needed.
- 11. Provide education and supervision for student trainers.
- 12. Cover RISD High Schools team practices allowing access to the athletic training room.
- **13.** Cover RISD High Schools sporting events as scheduled with the athletic director.
- **14.** Make the training room facilities and medical attention available to junior high school athletics with arrangements made by the coach and the trainer.
- **15.** Maintain confidentiality with sensitive matters.
- 16. Be flexible and able to prioritize tasks and maintain accurate and detailed records.
- 17. Report to work on time and work no less than 7.25 hours per day.
- **18.** Work independently with very little supervision.
- 19. Perform any other duties as assigned by the immediate principal and/or Director of Activities.

#### **Oualifications:**

- 1. NATA certification and New Mexico Athletic Training License.
- 2. Bachelor's degree from an accredited college or university
- **3.** Valid Driver's license and Car Insurance.
- **4.** Ability to travel from site to site as needed.

### **Physical Requirements:**

Sitting, standing, lifting, and carrying (up to 40 pounds), reaching, climbing stairs, squatting, kneeling, have full mobility of fingers/hands, and moving equipment/light furniture may be required, unless ADA accommodations have been mutually agreed on and does not create an undue hardship upon the district.

#### **Safety and Health:**

- 1. Knowledge of universal hygiene precautions (blood borne pathogens, body fluids, etc.)
- 2. Knowledge and training in first aid procedures should be required for handling athletic related injuries.

# **ATHLETIC TRAINER (CONT'D)**

## **Equipment/Material Handled:**

Athletic and medical supplies used for prevention and treatment of injuries. Surgical gloves need to be utilized when treating injuries.

## **Work Environment:**

Must be able to work within various degrees of noise and temperature. Work surfaces will vary from concrete to grass to hard wood floors. Job responsibilities require both inside and outside assignments. Interruptions of work are routine. Flexibility and patience are required. Must be self-motivated and able to complete job assignment without direct supervision. After hour work may be required. May make site visits when needed. May work under stressful conditions on occasion.

Terms of Er	nployment:
-------------	------------

essential functions.

Salary and work year to be established by the Board.

Signature	Printed Name	Date

I have read and understand the responsibilities and duties as described in this job description and can meet all

10/28/2015 Page 2 of 2